

# SWIMMING LESSONS

**Ages:** Classes Offered 6 Months and up.

**Cost:** \$45

**Questions?:** 706.291.0766

## **Session I :**

**Morning lessons only: June 3-19, 10 AM-10:45AM**

Monday, Wednesdays, and Friday mornings. (Total of 8 lessons)

**Must register by May 27.**

**PM Lessons: June 3-13, 5:30 PM - 6:15PM**

Mondays through Thursdays

**Must Register by May 27**

## **Session II:**

**PM Lessons: June 17- 27, 5:30 PM - 6:15PM**

Mondays through Thursdays

**Must Register by June 10**

## **Session III:**

**PM Lessons: July 8 - 18, 5:30 PM - 6:15PM**

Mondays through Thursdays

**Must Register by July 1.**



# Swim Class Sessions & Class Descriptions

## **Parent -Tot:** (Ages 6-36 Months; Parent participation required)

A parent and child team will explore and get acclimated to the water in this interactive class using toys, noodles, and kickboards. This is a 30-minute class and will meet a total of 8 times. A minimum of two registrants is required for the class.

## **\*Persons with Special Needs** (Ages 4.5 - 15)

Class offered Jun 16-26 at 9 a.m. This 45 minute aquatic program, taught by our certified lifeguards is ideal for special needs children. Participants will learn about the water through games, songs & safe play.(Parent/Adult participation required)

## **Preschool Swim Class** (Ages 2.5-5)

This class is designed for the beginning swimmer with very little or no swim experience. Taught in shallow water, this is a 45-minute class and will meet a total of 8 times. A minimum of three swimmers is required for this class.

## **Level 1** (Ages 6+)

This class is designed for children ages 6 and up, who can form a basic swim pattern across the pool and are beginning to float and tread water. These skills will be practiced and fine tuned daily and further stroke development will begin. This is a 45-minute class and will meet a total of 8 times. A minimum of three swimmers is required for this class.