

Rome-Floyd County
Senior Resource
Directory 2018 - 2019



ROME-FLOYD
PARKS & RECREATION

Senior Promotions Council

Thank You for voting us Best Senior Living Home.



706-235-0807 • 511 West 10th Street • Rome, GA
www.riverwoodretirement.com

Letter from the Senior Promotions Council

The Senior Promotions Council is proud to present the 2018-2019 Senior Resource Directory. Our goal is to provide the Senior Adult Citizens of Rome and Floyd County easy access to local senior resources and services.

This guide was created out of the combined efforts of the Senior Resource Directory Committee members who all actively serve senior adults and believe seniors are a valuable asset to our community.

Serving and administering the senior community is our passion, and we hope you find this directory a tool you can use to access all the resources you need.

- Bob Rudert
Senior Promotions Council Chairman

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Online Directory

View this resource directory online at
rfpra.com/active-adults

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*Inclusion in this directory does not constitute endorsement, but is included for information purposes only. Numbers and contact information listed in this guide may change.

County/City Based Programs Frequently Called Numbers

Floyd County Administration

706.291.5110
romefloyd.com

Rome City Hall

706.236.4400
romefloyd.com

Cave Spring City Hall

706.777.3382
cityofcavespring.com

Animal Control

706.236.4545
romefloyd.com

Court Information Magistrate Court

706-291-5250

Municipal Court

706-238-5150

Probate Court

706-291-5136

Superior Court

706-291-5190

Electricity

Georgia Power
888-660-5890
georgiapower.com

North Georgia EMC, Headquarters

706-259-9441
ngemc.com

Police Department - Floyd County

706-235-7766
romefloyd.com

Police Department - Rome City

706-238-5111
romefloyd.com

Public Works

706-236-2495
romefloyd.com

Sheriff's Department

706-291-4111
floydsheriff.com

Tag Office

706-291-5150
romefloyd.com

Tax Assessors Office

706-291-5143
floydcountytax.com

Tax Commissioner

706-291-5148

The Forum

706-291-5281
forumevents.org

Floyd County Elections & Voter Registration

706-291-5281
forumevents.org

Water Departments

Cave Spring

706-777-3311
cityofcavespring.com

Floyd County & Rome City

706-291-5130
706-236-4440
romefloyd.com

Active Senior Adult Services & Activities

Leisure/Recreation

Multipurpose Senior Centers
Senior Centers offer a variety of recreational and wellness activities and educational programs for senior adults. To learn more, contact the following centers:

Charles C. Parker Active Adult Center 706.234.0383

Provides programs/education for persons age 50 or older. Sponsors senior events and programs at various locations throughout the county, including Shannon Community Center, Anthony Center in Garden Lakes, Fielder Recreation Center in East Rome, Gilbreath Center in Lindale and Thornton Recreation Center in Armuchee.

Rome Senior Center 706.291.0760

This senior center and nutrition program provides free lunch and center based activities and wellness programs/ education for persons age 60 or older who are enrolled in the nutrition program. Call in advance to enroll.

The Red Hat Society 714.738.0001, redhatsociety.com

A network of women approaching 50 or beyond, to provide joy and companionship.

Arts and Cultural Events and Programs

Berry College Fine Arts Department 706.232.2289, berry.edu

Chieftains Museum

706.291.9494, cheiftansmuseum.org

Darlington Players

706.236.0497, darlingtontschool.org

Greater Rome Tourist and Convention Center

706.295.5576, romegeorgia.org

Oak Hill and Martha Berry Museum

706.368.6789, berry.edu/oakhill

Rome Area Council for the Arts

706.295.2787, romearts.org

Rome Area History Museum

706.235.8051, romeareahistory.org

Rome High School Band

706.235.9653, romebands.net

Rome Little Theatre

706.295.7171, romelittletheatre.org

Rome's Own Musical Ensembles, Inc.

706.233.7285, romegeorgia.org

Rome Symphony

706.291.7967, romesymphony.org

Shorter University Fine Arts Department

706.291.2121, shorter.edu

Three Rivers Singers

706.232.7411, threeriverssingers.org

Thornton Center

706.291.0766

Active Senior Adult Services & Activities

Health and Wellness Programs

The following wellness centers and programs provide an array of programs, including exercise classes, exercise equipment, and health education classes.

Area Agency on Aging of Northwest GA **706.295.6485, nwgrc.org**

The Area Agency on Aging sponsors programs to promote good nutrition, physical activity and lifestyle management. Living Well, a Chronic Disease Self-Management Program, helps persons with chronic health conditions learn how to actively self-manage their health. Meets once weekly for six weeks. A Matter of Balance program helps older adults to reduce their fear of falling and to increase their activity level. The group meets once weekly for eight weeks. For more information, call the AAA Wellness Coordinator, 706.295.6485.

Georgia Golden Olympics **770.867.3603, goldenolympics.org**

The Georgia Golden Olympics is a statewide event for adults 50 years of age or older. The event provides an opportunity to participate in amateur sports competition, to learn new leisure skills, to discover that physical activity is for all ages, to meet new friends and to share good times. A variety of activities and age divisions make it possible for participation regardless of an individual's age or physical ability.

Silver Sneakers/Parker Center **706.234.0383, rfpra.com/spec-senior.htm**

An upbeat fitness class geared for adults 50 and over. Classes are free with the Silver Sneakers card provided by many health insurance plans. For more details on Silver Sneakers visit: silversneakers.com

Vitality Fitness Center

706.290.2334

YMCA of Rome/Floyd County

706.232.2468, info@ymcarome.org

Health and Safety Education

American Red Cross– NWGA Chapter **706.291.6648, www.redcross.org/ga/rome**

Provides health and safety education programs for the public; first aid, CPR, swimming and life guarding; CNA training, Babysitter's Training, and Family Caregiver educational training. ARC provides education in disaster preparation and offers disaster relief services to families affected by house fires or larger disasters, such as tornadoes and floods. They also aid in emergency communications between military personnel and family members.

Travel and Educational Opportunities

College and University-Based Programs
These outreach programs are designed to challenge, educate and enrich the lives of persons in the community. Persons are not required to be an enrolled academic student to take advantage of these educational opportunities.

Berry College

Senior Scholars Program at Oak Hill
706.368.6789, oakhillmuseum.com

GA Northwestern Technical College **Continuing Education**

706.295.6958, gntc.edu

UGA County Extension Service

706.295.6210, caes.uga.edu/extension/floyd

Active Senior Adult Services & Activities

Elderhostel

800.454.5768, roadscholar.org

This national program sponsored by local organizations providing educational travel programs. They are offered worldwide on college campuses and on field trips. Call or write for a catalog giving schedule and fees.

Libraries

Libraries have regular and large print materials and books for loan; offer DVDs, CDs, free use of computers and access to the internet, and free basic computer classes.

Cave Spring Public Library

706.777.3346, cavespringlibrary.org

Rome-Floyd County Library

706.236.4600, shrhs.org

Northwest Georgia Talking Book Library **Georgia Libraries for Accessible Statewide**

Services (GLASS) supports accessible library services in Georgia by promoting the use of assisting technology and by providing accessible reading materials to those who, due to a disability, are unable to read standard print.
1-800.248.6701. www.georgialibraries.org/glass/

Senior Community Service Employment Programs

Mercy Care Rome

706.291.2128
mercycareservices.org/pages/
clinic_mercy_senior_care

Legacy Link

770.538.2650 or 800.845.5465
legacylink.org

Georgia Department of Labor **One-Stop Center**

706.295.6051

Provides education and resource information on employment opportunities and career development for persons of all ages.

Senior Advocacy Organizations

The following various groups and organizations provide advocacy on senior adult issues and concerns, provide resource information and may sponsor programs and services.

AARP Etowah Chapter

706.234.0383

(Immediately forwards to a voice mail)

AARP National Office

888.687.2277, aarp.org

Area Agency on Aging **of Northwest GA**

706.802.5506 or 1.800.759.2963, nwgrc.org

The Georgia Council on Aging

404.657.5343, gcoa.org

National Caucus and Center **on Black Aged, Inc.**

202.637.8400, ncba-aged.org

National Council on Aging

202.479.1200, ncoa.org

Volunteer Opportunities

Coosa Valley Regional Services **Retired Senior Volunteer**

Program

706.235.2798

Health & Supportive Services

Health Insurance/Medicare/Medicaid/VA Information

The GeorgiaCares Program

866-55-AGING (24464)

Provides health insurance information, counseling and assistance for senior adults and their families when they need help understanding Medicare, supplemental health insurance, prescription assistance programs and long-term care insurance.

Medicare

Medicare is the U.S. government's health insurance program for people age 65 or older. Some people under age 65 can qualify for Medicare, too.

They include those with disabilities, permanent kidney failure or amyotrophic lateral sclerosis.

Medicare helps with the cost of health care. It does not cover all medical expenses or the cost of most long-term care. Medicare has four parts.

Medicare Part A (Hospital Insurance) helps cover inpatient care in hospitals, as well as skilled nursing facilities, hospice, and home health care. Most people don't pay a monthly premium for Part A.

Medicare Part B (Medical Insurance) helps cover doctor and other health care providers' services, outpatient care, durable medical equipment, home health care and some preventive services. In 2017, most people pay \$109 each month.

Medicare Savings Programs (QMB, SLMB, QI-1) help persons with limited income and resources by paying some or all of Medicare's premiums and may pay Medicare's deductible and coinsurance.

Medicare Part C (optional private Medicare Advantage plans) are private insurance plans that provide Part A and Part B benefits and sometimes offer Part D prescriptions coverage to people with Medicare who enroll in these plans. These plans vary in cost.

Medicare Part D (Prescription Coverage)

helps pay for some medicines for people with Medicare. Part D is provided by private health insurance plans that contract with Medicare.

To get Medicare drug coverage, you must join a plan run by an insurance company. Each plan can vary in cost and drugs covered.

Persons with limited income and resources may qualify for "Extra Help" in paying for their Part D premiums and their prescriptions.

How to sign up for Part A & Part B:

- Apply online at Social Security: ssa.gov
- Visit the Rome Social Security Office, 480 Riverside Parkway NE, Rome 866.964.1006
- Call Social Security at 1-800.772.1213.
- If you worked for a railroad, call the RRB at 1-877.772.5772.

How to enroll in Part C:

Medicare C is optional and not all Medicare Advantage Plans work the same way, so before you join, take the time to find and compare Medicare health plans in your area. You can explore plans by using Medicare's Plan Finder on the Medicare website, www.medicare.gov.

Medicare plans aren't allowed to call you to enroll you in a plan, unless you specifically ask to be called. Once you understand the plan's rules and costs, here's how to join:

- Visit the plan's website to see if you can join online.
- Contact the plan to get an enrollment form, fill it out, and return it to the plan. All plans must offer this option.
- Call the plan you want to join.
- Call 1-800-MEDICARE (1-800.633.4227).
- For assistance and information, contact GeorgiaCares at 866.552.4464, (Option 4).

Health & Supportive Services

How to enroll in Part D Prescription Coverage:

To get Medicare drug coverage, you must join a plan run by an insurance company approved by Medicare. You can find information about plans that are available in your area by visiting www.medicare.gov, or you may call 1-800-MEDICARE (1-800.633.4227). You may also contact GeorgiaCares at 866.552.4464, (Option 4).

How to get Extra Help with Part D Prescriptions Costs:

You may qualify for extra help from Medicare to pay the costs of Medicare prescription drug coverage if you meet certain income and resource limits. For more information, contact GeorgiaCares at 866.552.4464, (Option 4).

How to enroll in Medicare Savings Programs (QMB, SLMB, QI-1):

To find out if you qualify for a program that will help you with the cost of your Medicare B premiums, copays, coinsurance and deductible, you may call GeorgiaCares at 866.552.4464, (Option 4).

Medicare Supplement (Medigap) Insurance

A Medicare supplement insurance, sold by private companies, can help pay some of the health care costs that Original Medicare doesn't cover, like copayments, coinsurance and deductible. If you have original Medicare and you buy a Medigap policy, Medicare will pay its share of the Medicare approved amount for covered health care costs. Then your Medigap policy pays its share.

To purchase a Medigap policy, you must have Medicare Part A and Part B. You pay the private insurance company a monthly premium for your Medigap policy, in addition to the Part B premium that you pay to Medicare. Medigap policies do not include prescription drug coverage.

If you want prescription drug coverage, you can join a Part D Prescription drug plan.

You can find information about Medigap plans that are available in your area at www.medicare.gov, or you may call 1-800-MEDICARE (1-800.633.4227). Or you may call GeorgiaCares at 866.552.4464, (Option 4), to be connected to a local GeorgiaCares counselor.

Georgia Cares Program

GeorgiaCares provides free, unbiased and factual information and assistance to persons with Medicare and their caregivers. Local assistance is available for issues concerning Medicare, Medicare financial assistance programs, "Extra Help" with Part D Prescription coverage, health error, fraud and abuse and long term care insurance.

Call 866.552.4464, (Option 4), to be connected to your local GeorgiaCares Medicare counselor. mygeorgiacares.org

Office of State Insurance Commissioner– Consumer Services Division

The Consumer Services Division provides information about private insurance plans, investigates policyholder complaints and answers questions about private insurance. 800.656.2298, oci.ga.gov

Medicaid Waiver Programs

Waiver programs help people who are elderly or have disabilities and need help to live in their home or community instead of an institution such as a nursing home. Each program offers several "core" services:

- Service coordination (help with managing care needs and services)
- Personal support (assistance with daily

Health & Supportive Services

living activities, i.e. bathing, dressing, meals and housekeeping)

- Home health services (nursing, home health aide, and occupational, physical and speech therapy)
- Emergency response systems (“Help, I’ve fallen and I can’t get up” buttons)
- Respite care (caregiver relief)

Additional services are available under each program. For more information about Medicaid Waivers, you may visit the Department of Community Affairs website at: dch.georgia.gov/waivers.

The following is a list of waiver programs in Georgia.

Community Care Services Program (CCSP)

Offers services to people with physical disabilities/dementia who meet CCSP guidelines. In 2017, persons must earn less than \$2,205 monthly. Services include care management, home delivered meals, personal care, homemakers, emergency response systems, care in day centers or personal care homes. Persons sometimes pay part of the cost of services, based on income. To apply for services, call the NW GA Area Agency on Aging, 706.802.5506 or 800.759.2963.

Pruitt Healthcare Home First of Blue Ridge

Combines primary medical care with preventive and supportive services for older and disabled Medicaid recipients. You must have Medicaid and supplemental security income; or have Public Law Medicaid. Services include home-delivered meals, respite for caregivers, emergency response systems, transportation, personal care/chore services, home health services, adult

day center services, assisted-living centers.
Toll Free: 1-800.632.2101
Or 706.632.9263

Independent Care Waiver Program (ICWP)

Offers services to a limited number of adult Medicaid recipients with physical disabilities or traumatic brain injuries. This program helps them to live in their own homes or in the community instead of a hospital or nursing home. To be eligible, you must have severe physical disabilities and be between the ages of 21 and 64 when you apply, and you must be able to manage your own services. Members also must meet other physical and financial guidelines. Based on their needs, members are offered service coordination, personal support, home health, emergency response, respite, specialized medical equipment and supplies, counseling and home modification.

To apply for services, call 800.982.0411, ext. 3619.

New Options Waiver Program (NOW) and Comprehensive Supports Waiver Program (COMP)

This program provides services to people who have developmental or intellectual disabilities. The services help them to live independently in the community. A diagnosis of developmental disability may include mental retardation or other closely-related conditions such as cerebral palsy, epilepsy, autism or neurological problems. To apply for these services, call the DBHDD One Intake and Evaluation Unit, 678.947.2818.

Georgia Department of Veterans Services

Informs veterans and their families about veterans’ benefits; assists and advises veterans and their families to help them get the federal and state benefits to which they are entitled.

Health & Supportive Services

They help veterans and their dependents with filing claims and with getting together medical records and other needed paperwork to file claims with VA and other federal and state agencies. The department operates field offices throughout Georgia and provides representatives in VA medical facilities. For more information you may call one of the following:

Georgia Department of Veterans Services – Floyd County Field Office

201 Calhoun Avenue, Rome
706.295.6026

Department of Veterans Affairs – Regional Office

800.827.1000, veterans.georgia.gov

General Health Insurance Information Insurance Commissioner’s Office

404.656.2070

The Insurance Commissioner’s Office provides counseling on general health insurance coverage.

Medicaid Waiver Programs

The following are Medicaid waiver programs to provide support services for older adults or younger, disabled people. These services help them to live in their home or community instead of an institution such as a nursing home. Community Care Services Program (CCSP) Provides community based services as an alternative to nursing home care. These services are available to people with physical impairments or dementia who meet physical and financial eligibility requirements. Services include adult day care, personal care, emergency response systems, home delivered meals, skilled nursing and home health services and care in personal care homes. Services are arranged

and monitored by a care coordinator. For more information, or to apply for services, contact: Area Agency on Aging of Northwest GA 706.802.5506

Independent Care Waiver Program

800.982.0411 x 3632

The Independent Care Waiver program provides in-home support to individuals between the ages of 21 to 64 who are severely physically disabled and can direct their own care, or those who have traumatic brain injuries. Participants must meet physical and financial criteria.

New Options and COMP Waivers

DBHDD Region One Intake and Evaluation Unit
877.217.4462, dbhdd.georgia.gov

These waiver programs provide services in the home and community for persons with a diagnosis of mental retardation or developmental disability. Services include in-home supports, day center and community based programs, pre-vocational services, residential options and supervision, adult therapies.

Cancer Navigators

706.295.4119

<https://cancernavigatorsga.org/>

Cancer Navigators, a nonprofit organization based in Rome, GA, serves Northwest Georgia as a complement to the medical expertise of cancer care providers by guiding those affected by cancer toward a better understanding of diagnosis and care and connecting them with needed resources in their journey.

Health Clinics and Health Centers

Health clinics and health centers offer out-patient medical care and treatment. Some provide services on an ability-to-

Health & Supportive Services

pay basis to persons with low-income.

Floyd County Clinic

Provides out-patient primary medical care sick residents of Floyd County with very low income who have no form of health insurance. To apply, contact: Floyd County Department of Family and Children Services 877.423.4746

Faith & Deeds Community Health

706.234.1331

www.faithsanddeedshealthcare.org

Volunteers provide primary health to persons with low income who have no form of health insurance, including Medicare or Medicaid. Call to schedule an appointment.

Floyd County Public Health Department

706.295.6123, nwgapublichealth.org

The health department offers general public health services, including blood pressure checks, flu and pneumonia immunizations, diabetic nutrition counseling, breast and cervical cancer screening, vision and hearing checks, children's health services, etc.

Dental Clinics

Floyd County Public Health Department

706.802.5050

Georgia Highlands Dental Hygiene School

706.295.6760

Georgia Baptist Mobile Dental Van at Floyd County Baptist Center

706.291.8181, floydbaptist.net

Visits Floyd County once a year from Georgia Baptist Health Mobile. Local volunteer dentists provide basic dental services, fillings and extractions.

Hospitals/Medical Centers

Willowbrooke at Floyd

306 Shorter Avenue, NW

Rome, GA 30165

706.509.3500

Floyd Medical Center

706.509.5000, floyd.org

Redmond Regional Medical Center

706.291.0291, redmondregional.com

Kindred Hospital of Rome

706.509.4100, kindredrome.com

A long-term acute care hospital specializing in wound care, ventilator weaning and also rehabilitation to medically complex patients.

Coosa Diagnostics

706.378.0611, diagnosticsystemsofga.com

Coosa Medical Group

706.295.0070, romephysician.com

Harbin Clinic

706.295.5331, harbinclinic.com

Rehabilitation Programs - Acute Inpatient

Floyd Medical Center Inpatient Rehab

706.509.6610, floyd.org

Redmond Regional Medical Center Inpatient Rehab

706.291.0291, redmondregional.com

Kindred Hospital of Rome

706.378.6800, kindredrome.com

Rehabilitation Programs: Sub Acute Inpatient

Health & Supportive Services

Chulio Hills Health and Rehab Center

706.235.1132,

reliablemgt.com/chulio-hills-health-rehab

Etowah Landing Care and Rehabilitation Center

706.235.1337, genesishcc.com/Etowah

Evergreen Health and Rehab

706.378.3383, evergreenhrc.com

Fifth Avenue Health Care Center

706.291.0521

reliablemgt.com/fifth-avenue-health-care

Rome-Health and Rehabilitation

706.234.8281, www.saveasenior.com

Pruitt Health of Rome (formerly Summit Health and Rehab)

706.236.6002, pruitthealth.com

Winthrop Health and Rehab

706.235.1422, winthrophealth.org

Rehabilitation Programs - Outpatient

Advance Rehabilitation of Rome

706.235.2727

Floyd Medical Center Outpatient Rehab Services

706.509.3400, floyd.org

Redmond Outpatient Rehabilitation Center

706.236.1911, redmondregional.com

Redmond Regional Medical Center Cardiac Rehab

706.368.8386, redmondregional.com

Rome Rehabilitation Center 706.802.0780

In-Home Support Programs and Services

Area Agency on Aging of Northwest Georgia 706.802.5506, nwgrc.org

The Area Agency on Aging offers programs to help older adults stay as healthy as possible and to live independently for as long as possible. These programs may help with things such as homemaking chores, bathing and grooming, shopping, preparing meals, home delivered meals and care in adult day centers. The AAA also provides services to help family members and caregivers.

ElderCare Locator

800.677.1116, eldercare.gov

Older adults and caregivers who live outside Northwest Georgia area can access this nationwide toll-free service to find local services for seniors.

Case Management Services

Case management services can assist with assessing needs, developing a care plan, arranging and monitoring home services and evaluating the need for continuation of services. For more information, contact:

Area Agency on Aging of Northwest GA

706.802.5506

Next Step Care

706.378.1270, 888.762.2420

Caregiver Support Services

Area Agency on Aging of Northwest GA

706.802.5506, nwgrc.org

Provides trained information and referral specialists to offer telephone consultation for caregivers who need information about support services available to them. Provides programs that

Health & Supportive Services

support caregivers and can provide information on referrals to their community services and programs. For other regions and states contact: Eldercare Locator at 800.677.1116 Alzheimer's Association- North Georgia Regional Office 706.275.0819, alz.org/georgia Regional office offers a variety of services to families, caregivers and individuals who are affected by Alzheimer's and related dementia. Services include information and referral, support groups, care consultation, caregiver education and safety services. Alzheimer's Caring Closets throughout NW Georgia offer free incontinence supplies to family caregivers of persons with dementia. Call for more information.

Programs for Grandparents/ Relative Caregivers

Mercy Care Rome

706.291.8496,

www.mercyatlanta.org/Mercy_Rome_Home_Grands/Relatives_Who_Care_Program offers resource information, support groups, and educational programs for grandparents and relative caregivers who are raising children.

Home Medical Supplies/Daily Living Aids Free or Low Cost Loan Closets

Alzheimer's Association- North Georgia

Regional Office 706.275.0819, alz.org/georgia

Alzheimer's Association Caring Closets provide free incontinence supplies for family caregivers of persons with dementia.

Incontinence Supply Closet

The Rome-Floyd Parks and Recreation Department's Senior Promotions Council manages the Community Closet at Charles Parker Senior Center at 1325 Kingston Highway, Rome 30165 on Mondays and Fridays from 9

am until 5 pm. The closet provides incontinence supplies to those in need. To access resources, call Tammy Bryant at 706.252.6427. Participants must request supplies one week in advance.

NWGA Center for Independent Living 706.314.0008, nwgacil.org

Friends of Disabled Adults and Children, Stone Mountain 770.491.9014

DFCS

Contact DFCS to obtain an application for help with eyeglasses or hearing aid through the local Lions Club. 877.423.4746

Retail Medical Equipment and Supplies

Apria Healthcare

706.232.0610

Avery Drugs

706.291.0999

Diprima Medical

706.291.1490

Home Respiratory & Medical Equipment Provider

706.291.1550

Lincare

706.290.0555

National Seating & Mobility

706.233.8200

Rome Respiratory

706.235.0509

Health & Supportive Services

Walker Orthotics and Prosthetics

706.232.4383

Home Health Agencies

The following Home Health Agencies provide professional health care services in the home under the direction of the patient's physician. Services may include, but are not limited to: skilled nursing, physical, occupational and speech therapy, home infusion, medical social services, home health aide services. Services are provided primarily to persons with short-term acute needs, and are usually reimbursed through Medicare, Medicaid and some private insurance programs when individuals meet the eligibility guidelines.

Coosa Valley Home Health an Amedisys Company

706.291.8867

Floyd HomeCare of Rome

706.802.4600

Gordon Home Care

706.629.3333

Gentiva Home Health

706.235.1841

Pruitt Home Health

706.232.5908

Right at Home

706.290.7701

Sitter Services/Private Pay Home Care

Home care providers offer nursing care, personal care assistance and companion/sitter services to seniors or disabled persons in their own homes for a fee. Private home care providers

are required to be licensed by Georgia DCH Healthcare Facility Regulation (HFR).

Always Care Nursing Service

404.266.8773

Care Plus, Inc.

770.496.1119

Comfort Keepers - Hiram

877.422.4427

ComForCare Home Care

706.622.3065, comforcare.com

Delta HomeCare Services

770.502.7912

The Specialty Nurse Company

770.419.9151

Everyday Home Care LLC

678.445.7741

Firstline Home Care and Medical Services, Inc.

770.863.0740

Golden Home Services

678.242.0084

Home Instead Senior Care Services

706.290.1367, homeinstead.com

Home Partners, Inc.

770.572.5600

HomeNurse, Inc.

877.703.5757x123

Health & Supportive Services

Nightingale Staffing Inc.
877.957.9090

North Georgia Personal Care
706.253.0131

Olive Home Care Services
770.997.8949

One Way Homecare Services Inc.
678.402.8236

Prime Care Nursing Services Inc
800.919.3500, primecarenursing.com

Rescare Homecare - Rome
888.992.2532, rescare.com

**Right At Home- In Home
Care & Assistance**
northwestgeorgia.rightathome.net
706.290.7701. License #057-R-0017.

Southern Resources Consultants, Inc.
770.393.8731

Home Care Provider Complaints/ Quality of Care Issues

To make a complaint about a private home care provider, contact:

**Georgia DCH Healthcare Facility
Regulation (HFR)**
800.326.0291

Adult Day Care Centers

Adult day care centers offer planned programs of activities in a safe, supportive, cheerful environment. These centers provide older

adults an opportunity to get out of the house and receive mental and social stimulation and health-related services. They also give caregivers a much-needed break so they can attend to personal needs, or simply rest and relax.

Mercy Care Rome
706.291.8496

Hospice Care

Hospice care provides a full range of palliative and supportive services for terminally ill people who are in the final stages of their illnesses and for their families. Services may include medical care, pain and symptom management, home nurse visitation, care management, counseling and bereavement services for the patient and members of the family.

Affinis Hospice
866.991.1998, affinishospice.org

Amedisys Hospice
866.313.1217, amedisys.com

AseraCare Hospice
800.974.4677, 770.698.8785, asceracare.com

Heartland Hospice
866.873.6308, heartlandhospice.com

**Heyman HospiceCare at Floyd
Hospice Compasses**
706.509.3200, floyd.org
770.218.1997, hospiceadvantage.net

Hospice of Chattanooga
800.267.6828, hospiceofchattanooga.org

Mt. Berry Hospice
706.232.1571, mtberryhospice.com

Health & Supportive Services

North Star Hospice
706.403.4033, northstarhospice.com

Regency Hospice
770.529.8155, regencyhospice.com

Tapestry Hospice
706.383.8812

Transitions Hospice Care
877.781.2273, regencyhospice.com

Pruitt Health Hospice
706.236.4704, uhs-pruitt.com

Health Conditions/Disease Related Organizations

These agencies provide education, research and information on a particular disease or condition. Some offer screenings, financial aid and support groups.

ALS Association (Lou Gehrig's Disease)
800.782.4747, alsa.org

Alzheimer's Association of North Georgia
800.272.3900 or 706.275.0819
alz.org

American Cancer Society
800.227.2345, cancer.org

American Council of the Blind
800.424.8666, acb.org

American Diabetes Association
800.342.2383, diabetes.org

American Heart Association
800.242.8721, americanheart.org

American Kidney Fund
800.638.8299, kidneyfund.org

American Stroke Association
888.478.7653, strokeassociation.org

Arthritis Foundation
800.283.7800, arthritis.org

Brain Injury Association of Georgia
800.444.6443, braininjurygeorgia.org

**Brain and Spinal Injury Trust Fund
Commission**
888.233.5760, ciclt.net/bsitf

Huntington's Disease Society
800.345.4372, hdsa.org

Leukemia and Lymphoma Society
800.955.4572, lls.org

**Lupus Foundation of America,
Georgia Chapter**
800.800.4532, lupus.org

**National Multiple Sclerosis Society
Georgia Chapter**
800.344.4867, nationalmssociety.org

**National Organization for Rare
Disorders (NORD)**
800.999.6673, rarediseases.org

National Parkinson Foundation Georgia
800.473.4636, http://www.apdageorgia.org/

Vision Rehabilitation Services
770.432.7280, vrsga.org

Emergency Food Programs

For more information on emergency food

Nutrition Services

resources in Floyd County, contact 211.

Bagwell Food Pantry

706.291.7731

Floyd County Baptist Center

706.291.8181

Garden Lakes Baptist Church

706.234.6615

Helping Hands Food Pantry

706.232.0277

Lovejoy Baptist Church

706.232.1917

Live Oak Church, Cave Spring

706.777.8566

Metropolitan United Methodist Church

706.291.8660

Salvation Army

706.291.4745

West Side Family Worship

706.291.0293

Food Programs

Good Neighbor Ministries

208 East Second Street, Rome
9:00-11:30 AM, M-F. Come in person for a referral to a Rome Action Ministries food pantry: Bread of Life, Bagwell Food Pantry or Garden Lakes Baptist Church. Applications for Christmas food baskets are accepted the week after Thanksgiving. Meals and More at First Christian Church
706.291.6745, Provides free take-out meals on Tuesdays at 5:00 PM; 209 E. Second Ave at 3rd St.

One Harvest Food Ministries

Church at Northside: 770.749.8761
Greater Christ Temple: 706- 232-1959
Distributes food through area host sites. Cost is \$35/box of groceries or \$27/ten cooked meals to heat and serve. No eligibility restrictions. Call for order info. Menus online at: oneharvest.com

Rome Action Ministries

Community Kitchen

Churches serve free hot meals at the corner of North Broad Street and Calhoun Ave, 4 Calhoun Ave. M-F, 11:00 AM-12:30 PM.

South Broad Feed the Hungry

Churches offer free sack lunch, one Saturday per month, 11:00 AM, South Broad Baptist Church, 508 South Broad Street. Thanksgiving Love Feast – Rome
706.234.2091

Congregate Senior Meals

The Floyd County Senior Center and Nutrition Program

Provides free lunch, Monday through Friday, for persons age 60 or older. They also offer social activities and wellness programs. In many cases, transportation is available. Call in advance to enroll. 706.291.0760

Home Delivered Meal Programs

Area Agency on Aging of Northwest Georgia
706.802.5506 or 800.759.2963
The Floyd County Nutrition Site delivers noon-time meals to older individuals who are home-bound and cannot prepare their own meals.

Nutrition Education Programs

These programs provide information on dietary guidelines and nutritional requirements

Nutrition Services/Housing

as well as promoting the relationship that healthy eating has on overall good health. Topics may include safe food handling and preparation, shopping skills and the effect of dietary choices on disease management.

Floyd County Senior Center

706.291.0760

Floyd County UGA Cooperative Extension Service

706.295.6210

Floyd Diabetic Self Management

706.509.5184

Harbin Clinic Diabetes Management Center/Nutrition Therapy

706-378-812

Redmond Regional Diabetes Treatment Center

706.236.4956

Housing

Independent Retirement Communities (Non-Subsidized)

Renaissance Marquis Retirement Village

706.295.0014

Riverwood Senior Living

706.235.0807

The Village at Maplewood

706.290.9123

Subsidized or Income Based Apartment Communities for Senior Adults

Etowah Terrace

706.622.4598

Greystone Apartments

706.232.5798

Heatherwood Apartments Ltd

706.235.2881

NW Georgia Housing Authority High Rise

706.291.0780

Villas

706.235.6881

Subsidized or Income Based Apartment Communities

The following apartments may not be exclusively for senior adults, but many have a large number of older residents.

Ashland Park

706.290.1040

Ashton Ridge Apartments

706.802.0017

Callier Forest Apartments

706.291.2936

Meadow Lane Apartments

706.235.3355

Pine Ridge Apartments

(Exclusively for homeless or potentially homeless disabled adults.) 706.235.0360.

Riverwood Park Apartments

706.235.7666

Spring Haven Apartments

706.777.9600

Not exclusively for hearing impaired persons, but all apartments are equipped to accommodate

Housing

persons with hearing impairments.

Tamassee Apartments

706.292.0240

Housing Authorities

Administers public housing programs and provides affordable housing to qualified applicants.

Department of Housing and Urban Development

404.331.5136

Cave Spring Housing Authority

706.777.3375

Northwest Georgia Housing Authority

706.291.0780

Section 8 Vouchers

The Housing Choice Voucher Program is administered by the Georgia Department of Community Affairs (DCA). This tenant-based assistance program assists low income individuals and families to rent safe and decent housing in the private rental market. Counties receive applications as funding is available. Georgia Dept of Community Affairs Rental Assistance Division 888.858.6085, dca.ga.gov

Northwest Georgia Housing Authority

706.235.0247

Home Repair Programs

Offers minor repair assistance to eligible homeowners depending on availability of funds. Services may be available at no cost or on a sliding fee scale to those who qualify.

City of Rome Community Development

706.236.4477

Habitat for Humanity

706.378.0030, habitatrome.org

Tallatoona Weatherization Program

706.295.7124, tallatoonacap.org

USDA Rural Development

770.386.3393 ext 100

Home Modifications Programs

Assists people with the cost of labor and materials for home modifications to make homes accessible.

Action Pak'd Stairlifts

888.333.1270

SNT Access Communications

Elevators & Lifts LLC
706.225.8938

Purple Heart Homes - VAPP

855.876.7579

Credit-Able

404.385.7029, thecfii.org
Helps individuals with disabilities obtain affordable loans for home modifications or to purchase assistive technology.

NWGA Center for Independent Living

706.314.0008, nwgacil.org

City of Rome Community Development

706.236.4477

Housing

The Travis Roy Foundation - Spinal Cord Injury

617.619.8257, travisroyfoundation.org

USDA Rural Development

770- 386-3393 ext 100

Continuing Care Retirement Communities

Offers a continuum of care to meet residents' needs as they change. Residents may move from independent living to various levels of personal care/assisted living depending upon the scope of their contract.

Renaissance Marquis Retirement Village

706.295.0014

Riverwood Senior Living

706.235.0807

Assisted Living

Assisted living as a long-term care option that combines housing, support services and health care, as needed. Assisted living is designed for individuals who require assistance with everyday activities such as meals, medication management or assistance, bathing, dressing and transportation. Some residents may have memory disorders or they may need help with mobility, incontinence or other challenges. Residents are assessed upon move in, or any time there is a change in condition. The assessment is used to develop an Individualized Service Plan.

Brookdale Rome Assisted Living

706.234.1655, www.brookdale.com

Riverwood Senior Living

706.235.0807

Personal Care Homes

Provides 24-hour watchful oversight with daily living assistance. Housing is in a group setting for elderly or disabled individuals. Georgia DCH Healthcare Facility Regulation (HFR), licenses personal care homes.

Cave Spring Manor

706.777.3533

Grace's House

706.777.8040

Grace's House Two

706.295.7084

Renaissance Marquis Retirement Village

706.295.0014, renaissancemarquis.com

Riverwood Senior Living

706-706.235.0807, riverwoodretirement.com

Manor house

706.802.0990, romancourt.com

Winthrop Court Senior Living

706.236.2500, winthropseniorliving.com

Seven Hills Place

706.232.5244

Memory Care/Alzheimer's/Dementia Care

Manor House

706.802.0990

The Harbor at Renaissance Marquis

706.295.0014, renaissancemarquis.com

Riverwood Senior Living

706.235.0807, riverwoodretirement.com

Housing/Financial Services

Seven Hills Place

706.232.5244, www.enlivant.com

Nursing Homes

Nursing homes provide care to persons who are chronically ill or recuperating from illness or surgery and need nursing care and other services, but not hospitalization. A nursing home may not be your only choice.

Before you make decisions about long term care, get as much information as you can about where you might live and what help you may need. Discharge planners and medical social workers can explain your long-term care options and help arrange your care. Long-term care can be provided at home, in the community, or in various types of facilities.

For additional help with long-term care choices and information about in-home and community-based services call your local Area Agency on Aging at 706.802.5506.

If you have limited income and resources, Medicare and Medicaid programs may help cover some of your costs of long-term care choices.

Nursing homes are licensed by the Georgia DCH Healthcare Facility Regulation (HFR). HFR conducts annual certification surveys that must be posted in a readily accessible and visible place. For report questions call 800.878.6442.

Nursing homes located in Floyd County **Chulio Hills Health and Rehab Center**

706.235.1132, reliablemgt.com

Evergreen Health and Rehab

706.378.3383, evergreenhrc.com

Fifth Avenue Health Care Center

706.291.0521, reliablemgt.com

Rome Health and Rehabilitation

706.234.8281

Pruitt Health Rome

706.236.6002, pruithhealth.com

Etowah Landing Care and Rehabilitation Center

706.235.1337, genesishcc.com

Winthrop Health and Rehabilitation

706.235.1422

Nursing Home/Personal Care Homes Quality of Care Issues or Complaints

To report suspected abuse or mistreatment in a nursing home facility or to make a formal complaint, contact: Georgia DCH Healthcare Facility Regulation (HFR)
800.878.6442

Financial Services

Emergency Financial Assistance

Good Neighbors Ministries
706.291.0556

Atlanta Community Food Bank

404.892.9622, 404.892.3333

Floyd County Baptist Center

706.291.8181, floydbaptist.net

Floyd County DFCS

706.295.6500, floydbaptist.net

Financial Services

Salvation Army

706.291.4745

United Methodist Children's Home

706.295.3911, umchildrenshome.org
Child under 18 must live in the home.

Floyd County, Call: 211

Get information on organizations that provide emergency financial assistance.

Criminal Justice Coordinating Council

404.657.2222, 800.547.0060

Georgia Transplant Foundation

866.428.9411, 770.457.3796

Project Share

770.441.6200, 800.257.4273

American Kidney Fund

866.300.2900
800.638.8299

Healthwell Foundation

800.675.8416

National Organization for Rare Disorders

203.744.0100

Nestle Healthcare Nutrion, Inc.

800.422.2752

The Travis Roy Foundation

617.227.0781

Patient Advocate Foundation

800.532.5274

Mission Cataract

559.797.1629

National Multiple Sclerosis Society - Georgia

800.344.4867
678.672.1000

AbbVie Patient Assistance Foundation

800.222.6885

Foster Care Support Foundation

770.641.9591

Tallatoona Community Action Partnership

- Floyd County, www.tallatoonacap.org
706.295.7124, 770.773.7730

Homesafe Georgia Hardest-Hit Fund

877.519.4443

Food Stamps

Floyd County DFCS

706.295.6500, dfcs.dhs.georgia.gov

Georgia Compass

800.869.1150, compass.ga.gov

Web site allows Georgia residents to apply for food stamps and pre-screen for programs such as Temporary Assistance for Needy Families (TANF), Medicaid, Child Care, WIC, Energy Assistance, The Emergency Food Assistance Program, Child Support, Mental Health & Substance Abuse Services, Aging Services.

Supplemental Security Income (SSI)

Federal program that helps aged, blind, and disabled people, who have little or no income, by providing a monthly check to help meet basic needs for food, clothing, and shelter.

Financial Services

For federal program questions contact:

Social Security Administration

800.772.1213, 800.325.0778

ssa.gov or call your local office:

Social Security Administration Rome Office

866.964.1006

Utility Discount Programs

These companies may offer a discount plan for seniors who have limited income.

AT&T Lifeline/ Link-UP

888.757.6500

GasKey/MXEnergy

877.677.4355

Georgia Natural Gas

877.850.6200, onlygng.com

Georgia Power

888.660.5890, georgiapower.com

SCANA Energy

877.467.2262, scanaenergy.com

Energy Assistance Programs

Home Energy Assistance programs provide financial assistance with heating or cooling to households meeting certain income and other requirements.

Regular Home Energy Assistance provides annual financial assistance with heating or cooling to households meeting certain income and other requirements.

Weatherization provides low-cost home energy conservation improvements to the homes of eligible households. For more information regarding eligibility

requirements, or to apply for any of these programs, contact:

Tallatoona Community Action Partnership

706.295.7124, tallatoonacap.org

Phone Assistance

SafeLink Wireless

800.723.3546, safelinkwireless.com

Offers free cell phones and minutes for low income families who qualify.

Hamilton Relay

www.hamiltonrelay.com, 800.618.4781

Hamilton Relay provides captioning on-screen telephones for those who are hard of hearing.

Personal Financial Management Information/Counseling

CredAbility

800.251.2227, credability.org

Floyd County UGA Cooperative Extension Service 706.295.6210, caes.uga.edu

Rudert Senior Advisory & Consulting Services, LLC

706.378.8492

Consumer Services

Better Business Bureau North West Georgia

800.548.4456, chattanooga.bbb.org

Governor's Office of Consumer Protection

800.869.1123, chattanooga.bbb.org

Georgia Public Service Commission

800.282.5813, chattanooga.bbb.org

National Do Not Call Registry

888.382.1222, chattanooga.bbb.org

Legal Services, & Mental Health Programs

Legal Services

The Georgia Senior Legal Hotline

888.257.9519, cgeorgialegalaid.org

A free telephone service staffed by attorneys who take calls from Georgians age 60 and older, and their families. Hotline attorneys give legal advice, brief service and referrals to other attorneys or services where necessary.

Georgia Elderly Legal Assistance Program

888.408.1004, glsp.org

Provides free legal assistance to persons age 60 or older, with certain civil legal problems. In the Rome area, the program is administered by Georgia Legal Services Dalton office.

Floyd County Probate Court

706.291.5136, glsp.org

The county Probate Court handles matters of guardianship, processing decedents' wills and the settlement of estates.

Elder Law Attorneys

National Academy of Elder Law Attorneys
naela.org (Click "Locate an elder law attorney")

Elder Law Practice of David McGuffey

1-800.241.8755

Law Office of H. Lee Treadaway Cox, Byington, Twyman & Johnson, LLP

706.291.2002

Leon Sproles, Attorney

706.290.9002

Mental Health Services

Mental Health Programs

Provide preventive, diagnostic and treatment services in a variety of community and hospital-based settings to help people to achieve, maintain and enhance a state of emotional well being, personal empowerment and the skills to cope with everyday demands. Mental health professionals who have private practices, are also available in our community. Most providers of mental health services accept Medicare.) In the event of a life-threatening situation, contact 911.

The Georgia Crisis and Access Line

800.715.4225, mygcal.com

Staffed with professional social workers and counselors 24 hours daily to assist with urgent and emergency needs. Callers needing routine services are given an appointment with the agency of their choice.

Community Mental Health Centers

Mental Health Centers are publicly-funded, neighborhood-based, outpatient facilities that offer individual, family, and group counseling, day services, and other mental health programs for community residents. Centers accept Medicare and Medicaid. Those with no insurance may be charged on a sliding fee scale.

Senior Mental Health Programs

Senior mental health programs specialize in the diagnosis and treatment of older adults. Payment sources usually include Medicare, Medicaid and private insurance.

Willowbrooke at Floyd

306 Shorter Avenue, NW

Rome, GA 30165

706.509.3500

Mental Health Programs & Transportation Services

Polk Medical Center Senior Enrichment Program

770.749.4290

Senior mental and emotional health day program offers pick-up in Floyd County.

The Fuqua Center for Late Life

Depression, Wesley Woods (Atlanta)
404.728.6302

Psychiatric Hospitals

Willowbrooke at Floyd
306 Shorter Avenue, NW
Rome, GA 30165
706.509.3500

Highland Rivers Floyd County Mental Health Center

706.233.9023

The Fuqua Center for Late Life Depression, Wesley Woods (Atlanta)

404.728.6302

Substance Abuse Programs

The Georgia Crisis and Access Line can provide information and referral to substance abuse services throughout the state of Georgia.

The Georgia Crisis and Access Line

800.715.4225, mygcal.com

Alcoholics Anonymous Atlanta Office

To locate a local AA group: 404.525.3178

Willowbrooke at Floyd

306 Shorter Avenue, NW
Rome, GA 30165
706.509.3500

Highland Rivers Floyd County Mental Health Center

706.233.9023

Highland Rivers Residential Treatment Unit

770.748.0030

Transportation Services

Caring Man in a Van

706.769.0075

Caring Man in a Van offers personal care transportation for you or your loved ones. Services include ambulatory, wheelchair or stretcher utilizing late model vehicles and trained staff. They offer safe and clean air conditioned transportation for all local and long distance services at a reasonable rate.

Rome Transit Department

706.236.4523

Rome Para Transit Services

706- 236-5036

Rome Transit Department provides van transportation by appointment for Rome City residents who are elderly or disabled and are unable to use main line buses. Vans operate primarily within the city limits. Call to request application. Cost is \$2.25 each way. Van is equipped with wheelchair lift.

Tallatoona Community Action

Partnership Floyd County

706- 295-7124

Tallatoona provides transportation to Floyd County residents age 55 or older, who live outside the city limits of Rome. Vans operate on routes in alternating areas of Floyd County. Riders are picked up in the morning, and

Transportation Services & Elder Abuse/Neglect

are returned home in the afternoon after completing the route with other riders. To use this transportation, the person must be already enrolled and must ride the van on a regular basis (a minimum of twice monthly). Vans are not available for one-time medical trips. No cost for services. Van is equipped with wheelchair lift.

Southeast Trans – North Region

866- 388-9844

Medicaid Non-Emergency Transportation
Persons with Medicaid, who are eligible for non-emergency medical transportation, should call Southeast Trans to schedule rides to medical appointments.

Disabled Persons Parking Permits

Floyd County Tag Office

706- 291-5150

Elder Abuse/Neglect

Elder abuse and neglect can include physical abuse, substance abuse, psychological abuse, financial/material exploitation, violation of rights, self-neglect and neglect by a caregiver. Reporting suspected incidents of such mistreatment is crucial. In the event of a life-threatening situation, contact 911. Georgia law requires that anyone who believes an elderly or disabled person is being abused, neglected or exploited, report the circumstances. By law, reports remain confidential. Contact the following to report suspected abuse or neglect in the following situations:

Any Setting

If there is immediate, serious risk from abuse or neglect, call the police:911

Home and Community Setting

Adult Protective Services - Georgia Department of Human Services

888.774.0152

Report abuse or neglect in the home or community.

Long-Term Care Facilities or Residences

To report abuse or neglect in nursing facilities, personal care homes and assisted living facilities, or group homes, contact:

Georgia DCH Healthcare Facility Regulation (HFR)

800.878.6442

Northwest Georgia Long-Term Care Ombudsman Program

866.565.8213

Sexual Abuse

Hospitality House and Crisis Line

706.235.4673

Sexual Assault Center of Northwest GA

866.655.8625, sacnwga.org

Georgia Division of Aging Services

404.657.5319

This information and referral line is your resource to obtain a free copy of Georgia's Advance Directive for Health Care.

Five Wishes – Aging with Dignity

888.594.7437

Provides a legal document to help adults express how they want to be cared for in case they become seriously ill and can't speak for themselves. Five Wishes is written in everyday

Elder Abuse/Neglect, End of Life Planning

language and covers medical, legal, personal, spiritual and family matters. Cost is \$5 per copy.

End of Life Planning

Funeral Planning

Daniels Funeral Home & Cremation Services

706.232.3646

F. K. Jones Funeral Home

706.802.0265

Salmon's Funeral Home

706.291.9472

Good Shepherd Funeral Home

706.234.9622

Henderson and Sons

Funeral Home

706.234.5302

John House's Cave Spring

Chapel Funeral Home

706.777.3318

Miller and Richards Funeral Home

Heritage Chapel

706.295.2412

Oaknoll Chapel

706.291.0073

Wright Memorial Mortuary

706.235.0642

Join us for Sittercise!

A low impact class, offered by the Rome-Floyd Parks and Recreation Department, available for active seniors! From muscle-toning strength exercises, to calorie-burning cardio, modified workouts produce the desired results while limiting the risk of injury.



**Mon-Wed & Friday
9am-10am
Parker Center
Activity Room**

Web-based Information

Web-based Information Resource Sites

There are many informative web sites available to seniors. The following sites are sponsored by government programs and provide links to other organizations, associations and resources.

Administration on Aging

aoa.gov

Area Agency on Aging of Northwest Georgia

nwgrc.org

Elder Care Locator

eldercare.gov

GA Dept of Human Services

compass.ga.gov

Access to services

Live Well Age Well

livewellagewell.info

Healthy living for seniors web site

Georgia Services for Seniors

georgiaservicesforseniors.org

Grandparents Raising Grandchildren resources

usa.gov/Topics/Grandparents.shtml

National Council on Aging

benefitscheckup.org

Access federal, state, local and private programs

National Institute on Aging, National Institute on Health

nia.nih.gov

Senior Web portal site, sponsored by First.gov

usa.gov/topics/seniors.shtml

Social Security Administration

ssa.gov

U.S. Government's official web portal

nusa.gov

U.S. National Library of Medicine

nlm.nih.gov



Cyber Seniors

**Tuesdays • 4PM-5PM
Parker Center, Activity Room**

Rome-Floyd Parks and Recreation offers weekly classes for seniors who may need a little more than the owner's manual to master their smart devices. Come by for step-by-step tutorials and get questions answered.



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Rome-Floyd Parks & Recreation Active Adult Activities Calendar

Mondays

9 am – 5 pm | Pool Room Open - Parker Center
9 am – 10 am | Sittercise - Parker Center, Activity Room
9 am – 10 am | Silver Sneakers - Parker Center, Banquet Room
10 am – 11 am | Dulcimer Lessons - Parker Center, Activity Room
10:30 am – 12:30 pm | Gospel Singing - Parker Center, Banquet Room
10 am – 2 pm | Senior Activities - Gilbreath Center (games, bingo and more)
10 am – 2 pm | Pickleball - Gilbreath Center *\$1 to play
12 pm – 4 pm | Bridge Club - Parker Center, Activity Room
2 pm – 4 pm | Line Dancing Practice - Parker Center, Banquet Room
6 pm – 8 pm | Line Dancing Lessons - Thornton Center, *\$2 per class

Tuesdays

9 am – 10 am | Sittercise - Parker Center, Activity Room
9:15 am – 10:15 am | Silver Sneakers - Parker Center, Banquet Room *\$2 per class for non-members
10:00 -12:00 | Pine Basket Classes, Parker Center , Activity Room * \$2 per class
12:00 – 3:00 | Gospel Singing – Shannon Center, Banquet Room
2 pm – 4 pm | Line Dancing Lessons - Parker Center, Banquet Room
4 pm – 5 pm | Cyber Seniors - Parker Center, Activity Room
6 pm – 8 pm | Line Dancing Lessons - Parker Center, Banquet Room *\$2 per class

Wednesdays

9 am – 10 am | Sittercise - Parker Center, Activity Room
10 am – Noon | Georgia Mountain Music - Parker Center, Banquet Room
11 am – 1 pm | Senior Activities - Fielder Center (exercise, bingo, pot luck lunch)
1 pm – 2 pm | Bingo - Parker Center, Banquet Room
2:30 pm – 4:30 pm | Line Dancing - Parker Center, Banquet Room

Thursdays

9:15 -10:15 | Silver Sneakers - Parker Center, Banquet Room
10am -Noon |Art Class - Parker Center , Activity Room * \$4 per class
12:00 – 3:00 | Karaoke - Thornton Center, Banquet Room
2:00 -4:00 | Line Dancing - Parker Center, Banquet Room

Fridays

9 am – 10 am | Sittercise - Parker Center, Activity Room
9:30 am – Noon | Pickleball and Cards - Gilbreath Center *\$1 to play
10 am – Noon | Line Dancing - Parker Center, Banquet Room *\$2 per class
1 pm – 3 p.m. | Line Dancing - Parker Center, Banquet Room *\$2 per class
1 pm – 4 pm | Bridge Club - Parker Center , Activity Room

Monthly Activities

7 pm – 10 pm | Singles Dance, Banquet Room
2nd Fridays - Parker Center , Banquet Room



What's Really Important!

At Winthrop Court you will find everything you need for a comfortable, happy and stress free life, but we know what's really important is

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-Elisabeth Kubler-Ross



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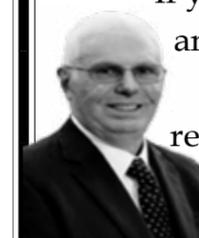
I've already preplanned; can I change my mind about the funeral home?



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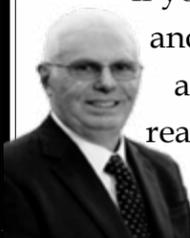
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*"Mom's getting more confused.
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*"What if she wanders off?
That would be horrible."*

*"We need to keep her
safe at home.
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